

# WHAT IS BIG TABLE?

## QUITE SIMPLY, WE SERVE HOPE.

For 15 years, Big Table has been a non-profit organization that **cares for restaurant and hotel workers dealing with a crisis** or hard times. We uniquely offer immediate **triage care** and **long-term coaching and mentoring** for those facing:

- Homelessness or Food Instability
- Medical or Dental Needs
- Transportation Issues
- Mental Health Struggles
- Addiction Recovery
- And more...

A **quick care referral** by a colleague at [bigtable.org](http://bigtable.org) gets the process started.

## WHY BIG TABLE IS CRITICAL?

The hospitality industry has the **largest working population** with the **highest concentration of need**. On top of personal challenges, industry workers even in great restaurants inherently face:

- Low pay – many relying on tips for up to 26% of their income
- Limited or long hours including evenings, weekends, and holidays
- High stress working environments
- Lack of insurance
- Little to no safety net

Big Table steps in when a worker faces a crisis to help while **building capacity** and **long-term hope**.

### SPOKANE IMPACT:

544 *care recipients and their families served last year*

644 *local restaurant and hotel employers since 2009*



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